

## Substance Use Support

**Chilliwack Intensive Case Management (ICM)**

**Indigenous Outreach Worker** 604.316.4776 ask for Megan

**Chilliwack Addiction and Prevention Services (CAPS)** 604.795.5994

**Ann Davis Transition Society** 604.792.2760. / 604.402.0014

**RAAC (Rapid Access to Addictions Care) Clinic**

**Phone:** 604.703.6976 Chilliwack General Hospital, 1st Floor, C Wing

**Cell:** 604.316.0274 **Cell:** 236.522.1190

**Substance Use Services Access Team** 604.814.5542

**Addictions Outreach (Fraser Health)** 604.316.0274

**Ruth & Naomi's Mission** 604.795.2322 - 46130 Margaret Avenue

**Salvation Army Fireside Addiction Services** 604.702.9879

**Salvation Army Outreach** 604.703.4524

**PCRS Community Liaison** 604.316.1706

**PCRS Harm Reduction Outreach Worker** 604.316.6182

## Income & Employment Assistance

**SASET (Stó:lō Aboriginal Skills & Employment Training Employment):** 604.858.3691

**WorkBC Employment Services Centre**

**Phone:** 604.795.9675 46151 Yale Road

**Phone:** 604.858.5472 #101-5658 Vedder Road

**Pacific Community Resource Society Chilliwack Job Options**

**Phone:** 604.795.9675 45921 Hocking Avenue

**Income Assistance**

Ministry of Social Development & Poverty Reduction

**Phone:** 604.703.6900 45540 Yale Road

**Outreach** 604.819.6435

## Justice Supports

**Stó:lō Service Agency Qwí:qwelstóm Wellness** 604.824.3200

**Native Court Worker** 604.378.0551

## Indigenous Health & Wellness Services

Ey Swayel - Good Day

We are here for you

## Walking With You in Wellness

**Stó:lō Service Agency** 604.824.3200 **Service Navigator** 604.701.1299

**Xyóhmeméylh** (Strengthening children, youth & families) 604.858.0113

**Sqwa (Skwah) Wellness Worker** 1.236.380.0125 (text or phone)

**Mental Wellness & Counselling (First Nations Health Authority)**

1.855.550.5454

**Xolhemet Society Youth Counsellor** 604.798.6459

**Wellness Systems Quality Care (First Nations Health Authority)**

604.250.2385 Deanna Rabeneck [Support for health care complaints.](#)

**Aboriginal Outreach Mental Health Nurse (Fraser Health)** 236.332.8399

**Chilliwack Youth Health Centre Urban Indigenous Youth** Chilliwack

Senior Secondary, Stó:lō Service Agency and Tzeachten First Nation (see website for weekly [drop-in](#) dates and times) Doctor or Counsellor

**Pearl Life Renewal Society Indigenous Services Worker** 604.402.4673

Wed-Fri 10-3 phone or drop in

**Chilliwack Division of Family Practice Patient Attachment** 604.795.0034

Traditional Wellness Mentor [mvictor@chilliwackdivision.ca](mailto:mvictor@chilliwackdivision.ca)

**Chilliwack Gender Care Clinic** 604.316.9445

**Indigenous HIV Outreach Support Worker** 604.319.3566

**PCRS Indigenous Wellness** 236.522.1434

## Health Services

**Stó:lō Service Agency, Health** 604.824.3200

**Fraser Health Aboriginal Health Liaison** 1.866.766.6960

**First Nations Health Authority Wellness System Navigator**

604.743.0635

**Chilliwack General Hospital** 604.795.4111

**New Hope Street Clinic** 604.795.2322 46129 Princess Avenue

Wed & Fri 9 am to 12:30 pm No referral needed, free drop-in confidential.

## Urgent Help

**Indian Residential School Survivors Crisis Line** 1.866.925.4419 **24/7**

**Kuu-us Crisis Response Services** 1.800.588.8717 **24/7**

**Indigenous Text Line KIDS** 686868 **ADULTS** 741741 **24/7**

**Xyólheméylh** – Child Safety 1.866.851.4619

**S.M.A.R.T. - Surrey Mobile Assault Response Team** - 604.244.2830 **24/7**

**Rape Crisis Line** - 604.872.8213 **24/7**

**Canada's Human Trafficking Line** 1.833.900.1010

**Sardis Doorway for Mothers and Children** 604.819.6556

**Integrated Homelessness Action Response Team (IHART)**

Indigenous Outreach Worker Chloe Matheson 604.897.4612

## Housing - Shelter

**Wilma's Transition Society**

**Housing Outreach Worker** 604.705.2064 cell: 604.991.6184

**Homeless Prevention Program (HPP)** 604.824.0939

**RainCity Housing Society Outreach** 604.391.1213

**Ann Davis Women's Centre** Women and youth (18 and under): shelter

open 24/7 phone: 604.391.1993 (office) 604.845.6535 (24/7 help)

**Cyrus Centre - Youth Shelter** 604.795.5773 - 45845 Wellington Avenue

Youth up to age 24, intake is 24 hours a day, self referrals welcome

**ReVive and Pathways Shelters (Men and Women 19+) at RAN Mission**

Open 24/7 Phone: 604.795.2322 ext. 401 - 46130 Margaret Avenue

**Salvation Army (Adults age 19+)** 45746 Yale Road Intake is 24/7

Women's Shelter 604.792.4486

Men's Shelter 604.392.8510

## Housing - Transition and Support

**Wilma's Transition House** 604.858.0468 Drop In 24/7

Safe house for women and children fleeing violence

**Chilliwack Housing Hub** 604.795.5994

**Ann Davis Transition House** 604.792.3116 Specialized Women's Shelter

**Chilliwack Health & Housing Centre** 604.795.5994 - 45921 Hocking Ave

**Ruth & Naomi's Mission Family Centre (Parents with Dependent)**

Phone: 604.795.2322 EXT. 102 - 46129 Princess Avenue

## Diverse Abilities

**BC Aboriginal Network on Disability Society (BCANDS)** 1.888.815.5511

## Food, Clothing, Showers, Laundry

**Sqwa (Skwah) First Nation Free Store**

2-4 every Sunday 611 Lower Landing Groceries, clothing and more

**Cyrus Centre - Youth Shelter (up to age 24)**

Phone: 604.795.5773 - 45845 Wellington Ave Dinner daily 6 pm

**Ruth & Naomi's Mission**

Phone: 604.795.2322 - 46130 Margaret Avenue

Dinner: Mon-Sat 6-7 pm - Family Feast; Mon-Sat 7-8 pm - Adults

Single and family food hampers - Drop In, Mon-Fri 9:30-11:30 am

**Salvation Army**

Phone: 604.792.4486 - 45746 Yale Road

Lunch: Mon-Fri 12-1 pm – Adults

Showers: Mon-Fri 8-3 Laundry: Mon-Fri 8-2

Food Bank Mon-Fri 9:30 am-12 pm and 1:00 pm to 3:00 pm.

**Pearl Life Renewal Society**

Phone: 604.402.4673 Drop in, Wed to Friday 10 am to 3 pm

**Ann's Treasures & Thrift Store**

Phone: 604.402.0014 **46230 Yale** Thrift Store, Clothing and Goods.

**New Horizons** discounted groceries for low income, proof of income required.

Phone: 604.308.9085 M-F 9-5pm 46191 Yale Road

## Cultural Connections

**Sqwa (Skwah) First Nation** 615 Wellington Ave 604.792.9204

Mini Queens / Mini Warriors - celebrating youth

Youth Hub Indigenous Youth Drop in M-F

Coastal Jams 6-8pm Tuesdays - vibrant cultural gathering

**Chilliwack POW WOW** drop in every Tuesday 6-8pm at the Neighbourhood

Learning Centre 46361 Yale Road - traditional dance and food

**Chilliwack Metis Association** 604.787.9068

**Mindful Drumming** at Stó:lō Service Agency, 604.614.0239, Austen

## Elders

**Elders Luncheon** Wednesdays and Fridays 12-1 at Sqwa First Nation 615 Wellington Ave 604.792.9204

**Coqualeetza Cultural Education Centre** 604.858.9431 Wednesday Lunches

**Stó:lō Elders Program**

Phone: 604.824.3200 Bldg 7-7201 Vedder Road drop-in Friday 11-2:00